

## MANCHESTER HARRIERS & A.C. FIXTURES – 2021/2022

The listing below is given as a guide to what's on - or was on – or might be on - it is a **provisional list** and you should **check dates & venues**. If an entry has a blue background it's an event the Club is committed to competing in, organising or assisting. Other events are included as they have been recommended by a member or we have (or had) members competing. For more details contact any of the following: Debbie Beresford 07977 203478, Brenda Bradshaw 0161-796 6310, Lindsey Farrelly 07717 177609, Ed Fazakerley 0161-431 0059, David Gregory 0161-439 4884, George Lawson 0161-485 2261, Andrew Parsonage 07504 407360, Kes Salmon 07377 719394 or Carl Summers 0161-718 6557. If they can't help they will re-direct you.

**TRAINING SESSIONS AT WYTHENSHAW AND SPORTCITY ARE CONTINUING** Members should contact their coach before attending – please don't just turn up and please check the session times. WYTHENSHAW – Tuesday & Thursday 6pm to 7pm; SPORTCITY – Monday & Wednesday from 7:30pm. Restrictions due to the corona virus can happen with very short notice so it is **IMPORTANT** to make sure the session is going ahead.

### DECEMBER 2021

SAT 4	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH THREE – KENWORTHY WOODS – <i>first race 12 noon. For Under 11's to Vets. If you competed in Match 1 or 2 you are already entered – but remember you need your number. Further entries for this match have closed. Any queries contact Debbie Beresford or Ed Fazakerley. <u>There are no late entries and no entries on match day.</u></i>
SUN 12	GREATER MANCHESTER CROSS COUNTRY CHAMPIONSHIP - PENNINGTON FLASH – LEIGH WN7 3UG. Host Club Leigh Harriers. Contact Debbie Beresford (Women) or Ed Fazakerley (Men & All Juniors) if you would like to run. Teams will be entered subject to interest.
SUN 19	<b>CHRISTMAS HANDICAP</b> – WYTHENSHAW PARK – JUNIORS 10 AM – approx. 1 mile; SENIORS FOLLOW ON – approx. 3.2 miles. <b><u>SENIORS PLEASE LET GEORGE LAWSON KNOW YOU WILL BE RUNNING OR IF YOU CAN HELP; JUNIORS PLEASE LET DEBBIE BERESFORD KNOW YOU WILL BE RUNNING. PRESENTATION – WYTHENSHAW TOWN COMMUNITY FOOTBALL CLUB, TIMPSON ROAD, WYTHENSHAW M23 9LL – 11:30 am for NOON start.</u></b>

### JANUARY 2022

SAT 15	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FOUR – TATTON PARK – <i>first race 12 noon. For Under 11's to Vets. If you competed in Match 1, 2 or 3 you are already entered – but remember you need your number. If not already entered contact Debbie Beresford or Ed Fazakerley <u>before 10<sup>th</sup> January</u> if you want to run. <u>There are no late entries and no entries on match day.</u></i>
SAT 22 <b>HELP NEEDED</b>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT FOUR - Wythenshawe Park – 10 am – contact Dave Wood if you can help (email <a href="mailto:davidwood49@aol.com">davidwood49@aol.com</a> , or telephone 07483 771472).

### FEBRUARY 2022

SAT 19 <b><u>WE'RE THE HOSTS HELP NEEDED</u></b>	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FIVE – HEATON PARK – <i>first race 12 noon. For Under 11's to Vets. If you competed in Match 1, 2, 3 or 4 you are already entered – but remember you need your number. If not already entered contact Debbie Beresford or Ed Fazakerley <u>before 14<sup>th</sup> February</u> if you want to run. <u>There are no late entries and no entries on match day. WE'RE THE HOSTS SO WE NEED LOTS OF HELP</u> – please contact George Lawson.</i>
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	<b>FEBRUARY 2022 continued.....</b>
<b>MON 21</b>	<b>ANNUAL GENERAL MEETING – 7:30 pm – Cheadle Sports Club, 225 Kingsway, Cheadle SK8 1LA</b>
<b>SAT 26</b>	<b>ECCA NATIONAL CROSS COUNTRY CHAMPIONSHIPS – PARLIAMENT HILL, Parliament Hill Fields, London. Contact Debbie Beresford or Ed Fazakerley if you would like to run. Teams will be entered subject to interest.</b>
<b>MARCH 2022</b>	
<b>SAT 5</b> <b><u>HELP NEEDED</u></b>	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT FIVE - Wythenshawe Park – 10 am PLUS Parents/ Teachers Race – 11 am. Contact Dave Wood if you can help (email <a href="mailto:davidwood49@aol.com">davidwood49@aol.com</a>, or telephone 07483 771472).</b>
<b>SAT 19</b> <b><u>HELP NEEDED</u></b>	<b>PRIMARY SCHOOLS CROSS COUNTRY RELAYS - Wythenshawe Park – 10 am – contact Dave Wood if you can help (email <a href="mailto:davidwood49@aol.com">davidwood49@aol.com</a>, or telephone 07483 771472).</b>
<b>APRIL 2022</b>	
<b>SAT 30</b>	<b>NORTH OF ENGLAND TRACK &amp; FIELD LEAGUE – DIV WEST 1S – U17 &amp; SENIORS - <b>MATCH ONE – SPORTS PARK, LITHERLAND L21 7NN.</b> Clubs: Liverpool H&amp;AC; Liverpool Pembroke&amp;Sefton H&amp;AC; Southport Waterloo AC (Hosts); St Helens Sutton AC; Wirral AC</b>
<b>MAY 2022</b>	
<b>SUN 8</b>	<b>YOUTH DEVELOPMENT T&amp;F LEAGUE – NW 3N DIV - U13s &amp; U15s – <b>MATCH ONE – SHEEPMOUNT ATHLETICS STADIUM, CARLISLE</b> – contact Lindsey Farrelly or Debbie Beresford if interested. For U13 &amp; U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&amp;AC (Hosts); East Cheshire H &amp; Tameside AC; Horwich RMI H&amp;AC; Hyndburn AC; Salford Metropolitan AC</b>
<b>SAT 14</b>	<b>GREATER MANCHESTER TRACK &amp; FIELD CHAMPIONSHIPS – LONGFORD PARK STADIUM, TRAFFORD <b>Details to follow.</b></b>
<b>SAT 21</b>	<b>YOUTH DEVELOPMENT T&amp;F LEAGUE – NW 3N DIV - U13s &amp; U15s – <b>MATCH TWO – RICHMOND STREET, ASHTON-U-LYNE</b> – contact Lindsey Farrelly or Debbie Beresford if interested. For U13 &amp; U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&amp;AC; East Cheshire H &amp; Tameside AC (Hosts); Horwich RMI H&amp;AC; Hyndburn AC; Salford Metropolitan AC</b>
<b>JUNE 2022</b>	
<b>SUN 12</b>	<b>NORTH OF ENGLAND TRACK &amp; FIELD LEAGUE – DIV WEST 1S – U17 &amp; SENIORS - <b>MATCH TWO – THE SPORTS CENTRE, EDGE HLL UNIV., L39 4QP.</b> Clubs: Liverpool H&amp;AC; Liverpool Pembroke&amp;Sefton H&amp;AC (Hosts); Southport Waterloo AC; St Helens Sutton AC; Wirral AC</b>
<b>JULY 2022</b>	
<b>SUN 3</b>	<b>YOUTH DEVELOPMENT T&amp;F LEAGUE – NW 3N DIV - U13s &amp; U15s – <b>MATCH THREE – SPORTS VILLAGE, LEIGH</b> – contact Lindsey Farrelly or Debbie Beresford if interested. For U13 &amp; U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&amp;AC; East Cheshire H &amp; Tameside AC; Horwich RMI H&amp;AC (Hosts); Hyndburn AC; Salford Metropolitan AC</b>
<b>SUN 10</b>	<b>NORTH OF ENGLAND TRACK &amp; FIELD LEAGUE – DIV WEST 1S – U17 &amp; SENIORS - <b>MATCH THREE – WAVERTREE ATHLETICS CENTRE, LIVERPOOL L15 4LE.</b> Clubs: Liverpool H&amp;AC (Hosts); Liverpool Pembroke&amp;Sefton H&amp;AC; Southport Waterloo AC; St Helens Sutton AC; Wirral AC</b>
<b>SAT 30</b>	<b>YOUTH DEVELOPMENT T&amp;F LEAGUE – NW 3N DIV - U13s &amp; U15s – <b>MATCH FOUR – CLEAVELEY ATHLETICS TRACK, ECCLES</b> – contact Lindsey Farrelly or Debbie Beresford if interested. For U13 &amp; U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&amp;AC; East Cheshire H &amp; Tameside AC; Horwich RMI H&amp;AC; Hyndburn AC; Salford Met AC (Hosts)</b>

**AUGUST 2022**

SAT 6

NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - **MATCH FOUR – THE OVAL, BEBINGTON CH63 7LF.** Clubs: Liverpool H&AC); Liverpool Pembroke&Sefton H&AC; Southport Waterloo AC; St Helens Sutton AC; Wirral AC (Hosts)

**2022 MEMBERSHIP RENEWALS – due 1<sup>st</sup> January**  
- renewal notes will be sent out between Christmas & New Year.  
**Contact Brenda (Membership Secretary)**  
**if you have any queries**  
 **[\(arnoldbradshaw@btinternet.com\)](mailto:arnoldbradshaw@btinternet.com)**.

**TWENTY-FIVE CLUB**

PLEASE support the 25 Club - it's only

**£12 PER YEAR**

and you get **THREE** chances to win

**£25, £15 or £10**

with draws in March, July & November.

**THE MORE MEMBERS JOIN, THE MORE MONEY TO THE CLUB AND TO THE WINNERS.**

Up to 25 members the draw is for £25, £15 & £10  
but for every 10 tickets sold above 25,  
an additional £20 goes to the Club and to  
the winning members.

Contact Brenda - email [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).

**DRAW 41 took place at our Committee Meeting on Nov. 22<sup>nd</sup>**

**WINNERS: FIRST – BRENDA BRADSHAW;  
SECOND – JEAN SKITT;  
THIRD – JOAN BENNION**

**DRAW 42 IS DUE AT THE END OF MARCH 2022**

**IF YOU WOULD LIKE TO HELP  
WITH ANY ASPECT OF THE CLUB  
PLEASE CONTACT A COMMITTEE MEMBER**

PLEASE USE THE WEBSITE - [www.manchesterharriers.co.uk](http://www.manchesterharriers.co.uk)

You'll find updates, news, photos, results and lots more.

If you have something you want included, corrected or changed,  
we would like to hear from you.

**We can alert you to new updates by email – just go to the website to subscribe –  
it's really easy – and click on “Subscribe by Email”.**

## 2020/2021 SENIOR ROAD RACE CHAMPIONSHIP

*Results from 2020 and 2021 will be used.  
There are no named events.*

**5K x4, 5 Mile x1, 10K x3, 10 Mile x2,  
Half Marathon x3, Marathon x2**

*Ages as at 1<sup>st</sup> January 2020 will be used.*

*If you have any results that don't appear on PoT please send them to me  
giving the name and date of the race.*

To qualify, you *must*: complete a minimum of five races; the races must be recognised, licenced events; they must be rated as "Road" races. The five races can be any combination, for instance if you've done two marathons and three 10Ks you've done enough to qualify. We will pick up results from Power of Ten so you don't need to tell us you've done them but you do need to tell us if you know a race isn't recorded by PoT - we'll need the race name, the date, your time, the winner's time and how many finished. This Championship runs from 1<sup>st</sup> January 2020 to 31<sup>st</sup> December 2021. Here's an example of how the points work: If you compete in 7 races and your positions within the Club are 2<sup>nd</sup>, 3<sup>rd</sup>, 1<sup>st</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 4<sup>th</sup> - your best five positions, i.e. 1<sup>st</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup> would be added to give a total of 9. The member with the lowest number of points wins. If you do more than the stated number of races, i.e. three 10 Milers, we'll use your best two times. If there is any doubt as to whether or not a race should be included, it will be discussed by the Committee and their decision will be final. *Awards to:* first Senior Man [aged 17 or over - including Veterans, i.e. if a veteran is first overall, he will be declared Senior Mens Road Champion]; first Man Over 40, Over 45, Over 50, Over 55, Over 60; first Senior Woman [aged 17 or over - including Veterans, i.e. if a veteran is first overall, she will be declared Senior Womens Road Champion]; first Woman Over 35, Over 40, Over 45, Over 50, Over 55, Over 60. In the happy event that we get a good increase in the number of members completing the championship, the number of awards will be increased.

*Results will be collected from the Power of Ten website.  
e-mail Brenda [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).*

**2019 CHAMPIONS**

**MARK JONES & LINDSEY FARRELLY**

**2019 SENIOR ROAD RACE CHAMPIONSHIP RESULTS ARE ON THE WEBSITE**

*Please contact Brenda at [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com)  
with additions or corrections to the fixtures  
or telephone Brenda on 0161-796 6310*