

## MANCHESTER HARRIERS & A.C. FIXTURES – 2022

The listing below is given as a guide to what's on and members should check dates and venues. Events listed are those the Club is committed to competing in, organising or assisting in plus events either recommended by a member or we have members competing in. For more details contact any of the following: Debbie Beresford 07977 203478, Brenda Bradshaw 0161-796 6310, Ed Fazakerley 0161-431 0059, David Gregory 0161-439 4884, George Lawson 0161-485 2261, Andrew Parsonage 07504 407360, Kes Salmon 07377 719394, Carl Summers 0161-718 6557 or Dave Wood 07483 771472. If they can't help they will re-direct you.

<p><b><u>TRAINING SESSIONS AT WYTHENSHAW AND SPORTCITY:</u></b> Members <u>should</u> contact their coach before attending – please don't just turn up and please <u>check the session times</u>.  <b>WYTHENSHAW</b> – Tuesday &amp; Thursday* 6pm to 7pm – but work is planned at the venue that may affect sessions so please check. <b>SPORTCITY</b> – Monday &amp; Wednesday from 7:30 pm.</p>	
<b>SEPTEMBER 2022</b>	
SUN 4	CHESHIRE TRACK & FIELD LEAGUE – ROUND 4 – Eccles
SUN 11	NORTH WEST ROAD RELAYS – Edge Hill University, Ormskirk – entries closed. Contact Ed or Debbie for details.
SAT 17 <b>HELP NEEDED</b>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT ONE - Wythenshawe Park – 10 am – contact Dave Wood if you can help.
SUN 25	NORTHERN ATHLETICS AUTUMN MEN'S 6 STAGE, WOMEN'S 4 STAGE & YOUNG ATHLETES ROAD RELAYS – SPORTCITY – 10 AM to 3 PM – U13's, U15's, U17's & SENIORS. Teams will be entered subject to interest - contact Ed Fazakerley or Debbie Beresford if interested <b><u>BEFORE</u></b> 16 <sup>th</sup> September when entries close.
<b>OCTOBER 2022</b>	
SAT 8 <b>HELP NEEDED</b>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT TWO - Wythenshawe Park – 10 am – contact Dave Wood if you can help.
SAT 15	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH ONE – <b>Wythenshawe Park</b> – first race 12:15. For Under 13's to Vets (Note – U11's eligible for Match Two onwards). All entries through the Club – contact Ed Fazakerley or Debbie Beresford <b>before the 6<sup>th</sup> October</b> to be entered. <b><u>NO ENTRIES ON MATCH DAY</u></b>
SAT 15 <b><u>PLEASE SUPPORT</u></b>	<b>SOCIAL AND AWARDS EVENING</b> – 7 pm 'til late - includes awards for the following Club Championships: 2022 <b>TRACK &amp; FIELD</b> , 2021/2022 <b>CROSS COUNTRY</b> , 2020/2021 <b>ROAD</b> – to be held at the Wythenshawe Sports Club, 78 Longley Lane, Northenden M22 4JF. Tickets <b>£7</b> for adults, <b>£5</b> for 16 & under (includes buffet). <b>Tickets available online or at Training. PLEASE SUPPORT... ALL WELCOME</b>
<b>NOVEMBER 2022</b>	
SAT 12	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH TWO – <b>Kenworthy Woods</b> – first race 12 noon. For Under 11's to Vets. All entries through the Club – contact Ed Fazakerley or Debbie Beresford <b>before the 9<sup>th</sup> November</b> to be entered. (Note: if you competed in Match One, you are already entered.) <b><u>NO ENTRIES ON MATCH DAY</u></b>
SAT 19 <b>HELP NEEDED</b>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 3 - Wythenshawe Park – 10 am – contact Dave Wood if you can help.
<i>Fixtures continued.....</i>	

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<b>DECEMBER 2022</b>	
SAT 3	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH THREE – <i>Heaton Park</i> – first race 12 noon. For Under 11's to Vets. All entries through the Club – contact Ed Fazakerley or Debbie Beresford before the 30 <sup>th</sup> November to be entered. (Note: if you competed in Match One and/or Match Two, you are already entered.) <b><u>NO ENTRIES ON MATCH DAY. VERY IMPORTANT</u></b> – we're the host club and need lots of help – please let David Gregory know if you can help.
SUN 4	SALE INDOOR OPEN TRACK & FIELD MEETING – SPORTCITY – 10 AM START
SAT 10 <i>NOT SUN 11 AS PREVIOUSLY GIVEN</i>	GREATER MANCHESTER CROSS COUNTRY CHAMPIONSHIP – LEVERHULME PARK, BOLTON BL2 6EX – UNDER 13's to SENIORS. Teams will be entered subject to interest.
SUN 18	<b>CHRISTMAS HANDICAP</b> – WYTHENSHAW PARK – JUNIORS 10 AM – approx 1 mile; SENIORS FOLLOW ON – approx 3.2 miles. <u>SENIORS</u> please let George Lawson know if you want to run or if you can help; <u>JUNIORS</u> please let Debbie Beresford know you want to run. <b>PRESENTATION – 11:30 am for noon – venue details to follow.</b>
<b>JANUARY 2023</b>	
SUN 8	SALE INDOOR OPEN TRACK & FIELD MEETING – SPORTCITY – 10 AM START
SAT 14	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FOUR – <i>Tatton Park</i> – first race 12 noon. For Under 11's to Vets. All entries through the Club – contact Ed Fazakerley or Debbie Beresford before the 11 <sup>th</sup> January to be entered. (Note: if you competed in Match One, Two or Three, you are already entered.) <b><u>NO ENTRIES ON MATCH DAY</u></b>
SAT 21 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 4 - Wythenshawe Park – 10 am – contact Dave Wood if you can help.
SUN 29	SALE INDOOR OPEN TRACK & FIELD MEETING – SPORTCITY – 10 AM START
<b>FEBRUARY 2023</b>	
SAT 11	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FIVE – <i>Sherdley Park</i> – first race 12 noon. For Under 11's to Vets. All entries through the Club – contact Ed Fazakerley or Debbie Beresford before the 8 <sup>th</sup> February to be entered. (Note: if you competed in Match One, Two, Three or Four you are already entered.) <b><u>NO ENTRIES ON MATCH DAY</u></b>
SUN 12	SALE INDOOR OPEN TRACK & FIELD MEETING – SPORTCITY – 10 AM START
<b>MARCH 2023</b>	
SAT 11 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 5 - Wythenshawe Park – 10 am – contact Dave Wood if you can help.
SUN 12	SALE INDOOR OPEN TRACK & FIELD MEETING – SPORTCITY – 10 AM START
SAT 25 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY RELAYS & LEAGUE PRESENTATIONS – Wythenshawe Park – 10 am – contact Dave Wood if you can help.
<b>MAY 2023</b>	
SAT 13 & SUN 14	GREATER MANCHESTER TRACK & FIELD CHAMPIONSHIPS – LEIGH SPORTS VILLAGE. <i>Details to follow.</i>

**2022 MEMBERSHIP RENEWALS – due 1<sup>st</sup> January**

Thank you to all the members who have renewed. If you are one of the few who hasn't yet renewed, please renew as soon as possible or let us know that you wish to resign.

If you have any membership queries, please contact Brenda (Membership Secretary) ([arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com))

***TWENTY-FIVE CLUB***

***PLEASE*** support the 25 Club - it's only

***£12 PER YEAR***

and you get ***THREE*** chances to win

***£25, £15 or £10***

with draws in March, July & November.

***THE MORE MEMBERS JOIN, THE MORE MONEY TO THE CLUB AND TO THE WINNERS.***

Up to 25 members the draw is for £25, £15 & £10

but for every 10 tickets sold above 25,

an additional £20 goes to the Club and to

the winning members.

Contact Brenda - email [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).

***DRAW 43 took place at the YDL match on the 30<sup>th</sup> July***

***WINNERS: FIRST – ARNOLD BRADSHAW***

***SECOND – JEAN SKITT***

***THIRD – JOAN BENNION***

***DRAW 44 WILL TAKE PLACE***

***AT THE END OF NOVEMBER 2022***

**PLEASE USE THE WEBSITE - [www.manchesterharriers.co.uk](http://www.manchesterharriers.co.uk)**

You'll find updates, news, photos, results and lots more.

If you have something you want included, corrected or changed, we would like to hear from you.

***We can alert you to new updates by email – just go to the website to subscribe – it's really easy – and click on “Subscribe by email”.***

**IF YOU WOULD LIKE TO HELP WITH  
ANY ASPECT OF THE CLUB PLEASE CONTACT  
Club Secretary, DAVID GREGORY**

## **2022 SENIOR ROAD RACE CHAMPIONSHIP**

**1<sup>st</sup> January 2022 to 31<sup>st</sup> December 2022**

**5K x4, 5 Mile x1, 10K x3, 10 Mile x2,  
Half Marathon x3, Marathon x2**

To qualify, you need to complete a minimum of five races. The races must be recognised, licenced events and must be rated as "Road" races. The five races can be any combination, for instance if you've done two marathons and three 10Ks you've done enough to qualify. We will pick up results from Power of Ten so you don't need to tell us you've done them *but you do need to tell us if you know a race isn't recorded by PoT* - we'll need the race name, the date, your time, the winner's time and how many finished. This Championship runs from 1<sup>st</sup> January 2022 to 31<sup>st</sup> December 2022. *Here's an example of how the points work:* If you compete in 7 races and your positions within the Club are 2<sup>nd</sup>, 3<sup>rd</sup>, 1<sup>st</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 4<sup>th</sup> - your best five positions, i.e. 1<sup>st</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup> would be added to give a total of 9. The member with the lowest number of points wins. *If you do more than the stated number of races*, i.e. three 10 Milers, we'll use your best two times. If there is any doubt as to whether or not a race should be included, it will be discussed by the Committee and their decision will be final. *Awards to:* first Senior Man [aged 17 or over - including Veterans, i.e. if a veteran is first overall, he will be declared Senior Mens Road Champion]; first Man Over 40, Over 45, Over 50, Over 55, Over 60; first Senior Woman [aged 17 or over - including Veterans, i.e. if a veteran is first overall, she will be declared Senior Womens Road Champion]; first Woman Over 35, Over 40, Over 45, Over 50, Over 55, Over 60. In the happy event that we get a good increase in the number of members completing the championship, the number of awards will be increased.

*Results will be collected from the Power of Ten website.*

*e-mail Brenda [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).*

*If you have any results that don't appear on PoT please email them to me giving the name and date of the race, your position and your time.*

***Awards for the 2020/2021 CHAMPIONSHIP will  
be presented at the Social Evening on Saturday 15 October  
7 pm - Wythenshawe Sports Club - details on front page.***

*Please contact Brenda at*

*[arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com)*

*with additions or corrections to the fixtures*

*or telephone Brenda on 0161-796 6310*