

MANCHESTER HARRIERS & A.C. FIXTURES – 2023

The listing below is given as a guide to what's on and members are advised to **check dates and venues**. Events listed are those the Club is committed to competing in, organising or assisting in plus events either recommended by a member or we have members competing in. For more details contact any of the following: **Debbie Beresford 07977 203478, Brenda Bradshaw 0161-796 6310, Ed Fazakerley 0161-431 0059, David Gregory 0161-439 4884, George Lawson 0161-485 2261, Andrew Parsonage 07504 407360, Kes Salmon 07377 719394, Carl Summers 07462 902326 or Dave Wood 07483 771472**. If they can't help they will re-direct you.

TRAINING SESSIONS AT WYTHENSHAWE: Tuesday & Thursday 6 pm to 7 pm

TRAINING SESSIONS AT SPORTCITY: Monday & Wednesday 7- 8:30 pm

ALL SESSIONS: Members are advised to check before attending.

The fixture list is usually updated on the first day of each month so apologies for this late issue. BB 9 Oct.

OCTOBER 2023

SAT 7	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE - Wythenshawe Park
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SAT 7	PRESENTATION EVENING - WYTHENSHAWE CRICKET & SPORTS CLUB
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SAT 14 <i>HELP NEEDED - WE'RE THE HOST CLUB</i>	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH ONE – <i>Heaton Park</i> – first race 12 noon. For Under 11's to Vets (<i>Note – U11's minimum age 9 as of 31/8/23</i>). All entries through the Club – contact Ed Fazakerley or Debbie Beresford but note entries for this Match have closed and there are <u>NO ENTRIES ON MATCH DAY</u> <i>VERY IMPORTANT – we're the host club and need lots of help – please let Dave Wood know if you can help.</i>
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SAT 28	RON HILL UNIVERSITY OF MANCHESTER CROSS COUNTRY RELAYS - <i>Wythenshawe Park.</i>
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NOVEMBER 2023

SAT 4 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT THREE OF SIX - Wythenshawe Park – 10 am – <i>please let Dave Wood know if you can help.</i>
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SAT 11	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH TWO OF FIVE – <i>Wythenshawe Park</i> – first race 12 noon. For Under 11's to Vets (<i>Note – U11's minimum age 9 as of 31/8/23</i>). All entries through the Club – contact Ed Fazakerley or Debbie Beresford <i>before the 3rd November</i> to be entered. <u>NO ENTRIES ON MATCH DAY.</u> (If you competed in Match One you are already entered but remember to bring your number.)
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DECEMBER 2023

SAT 2	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH THREE OF FIVE – <i>Sherdley Park</i> – first race 12 noon. For Under 11's to Vets (<i>Note – U11's minimum age 9 as of 31/8/23</i>). All entries through the Club – contact Ed Fazakerley or Debbie Beresford <i>before the 24th November</i> to be entered. <u>NO ENTRIES ON MATCH DAY.</u> (If you competed in Match One and/or Two you are already entered but remember to bring your number.)
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SUN 3	BRITISH MASTERS 5K ROAD CHAMPIONSHIPS – <i>the Bandstand, Battersea Park, London SW11 4NJ.</i> Entries close 26 November unless oversubscribed earlier.
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December continued.....

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SAT 16	GREATER MANCHESTER CROSS COUNTRY CHAMPIONSHIPS – TEAM EVENT - <i>Wythenshawe Park. For male and female U13, U15, U17, U20, SENIORS (minimum age 11 as of 31/8/23). Three to score except Senior Men which is four to score.</i>
SUN 17	CHRISTMAS HANDICAP – JUNIORS 10 am - <i>approx. 1 mile;</i> SENIORS FOLLOW ON – <i>approx. 3.2 miles. WYTHENSHAWE PARK. Full details to follow.</i>
JANUARY 2024	
SUN 7	SALE INDOOR OPEN TRACK & FIELD MEETING – <i>SPORTCITY – 10 AM START</i>
SAT 13	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FOUR OF FIVE – <i>Tatton Park – first race 12 noon. For Under 11’s to Vets (Note – U11’s minimum age 9 as of 31/8/23). All entries through the Club – contact Ed Fazakerley or Debbie Beresford before the 5th January to be entered. NO ENTRIES ON MATCH DAY. (If you competed in Match One, Two and/or Three you are already entered but remember to bring your number.)</i>
SAT 20 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT FOUR OF SIX - <i>Wythenshawe Park – 10 am – please let Dave Wood know if you can help.</i>
FEBRUARY 2024	
SAT 3 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – INCLUDING PARENTS & TEACHERS RACE - EVENT FIVE OF SIX - <i>Wythenshawe Park – 10 am – please let Dave Wood know if you can help.</i>
SAT 10	MANCHESTER AREA CROSS COUNTRY LEAGUE – FINAL MATCH OF FIVE – <i>Kenworthy Woods – first race 12 noon. For Under 11’s to Vets (Note – U11’s minimum age 9 as of 31/8/23). All entries through the Club – contact Ed Fazakerley or Debbie Beresford before the 2nd February to be entered. NO ENTRIES ON MATCH DAY. (If you competed in Match One, Two, Three and/or Four you are already entered but remember to bring your number.)</i>
MARCH 2024	
SAT 2 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY RELAY– FINAL EVENT OF SIX - <i>Wythenshawe Park – 10 am – please let Dave Wood know if you can help.</i> PRESENTATION OF AWARDS – 11:15 AM
SUN 24	WATERS WILMSLOW RUNNING FESTIVAL - 10K & HALF MARATHON – 10 AM – <i>Wilmslow RUFC, Memorial Ground, Kings Road, Wilmslow SK9 5PZ</i>
FRI 29	SALFORD 10K – 10 AM START – <i>SALFORD SPORTS VILLAGE, LITTLETON ROAD, LOWER KERSAL</i>
APRIL 2024	
SUN 21	TCS LONDON MARATHON
<i>IF YOU WOULD LIKE TO HELP WITH ANY ASPECT OF THE CLUB, PLEASE CONTACT THE CLUB SECRETARY, DAVID GREGORY</i>	

2023 SENIOR ROAD RACE CHAMPIONSHIP*

1st January to 31st December 2023

Minimum of five races, combination of

5K up to four to count, 5M one to count,

10K up to three to count, 10M one or two to count,

Half Marathon up to three to count,

Marathon one or two to count

To qualify, you need to complete a minimum of five races. The races must be recognised, licenced events and must be rated as "Road" races. The five races can be any combination, for instance if you've done two marathons and three 10Ks, or four 5Ks and one 10K you've done enough to qualify. We will pick up results from Power of Ten so you don't need to tell us you've done them but you do need to tell us if you know a race isn't recorded by PoT - we'll need the race name, the date, your time, the winner's time and how many finished. This Championship runs from 1st January to 31st December 2023.

Here's an example of how the points work: If you compete in 7 races and your positions within the Club are 2nd, 3rd, 1st, 2nd, 2nd, 2nd, 4th - your best five positions, i.e. 1st, 2nd, 2nd, 2nd, 2nd would be added to give a total of 9. The member with the lowest number of points wins. If you do more than the stated number of races, i.e. three 10 Milers, we'll use your best two times. If there is any doubt as to whether or not a race should be included, it will be discussed by the Committee and their decision will be final. *Awards/Men to first: U20, V35, V40, V45, V50, V55, V60, V65, V70, V75. The overall winner will be declared Senior Men's Road Champion. Awards/Women to first: U20, V35, V40, V45, V50, V55, V60, V65, V70, V75. Overall Winner will be declared Senior Women's Road Champion.*

Results will be collected from the Power of Ten website. ANY QUERIES e-mail Brenda arnoldbradshaw@btinternet.com.

If you have any results that don't appear on PoT please email Brenda giving the name and date of the race, your position and time.

Awards for the 2022 CHAMPIONSHIP were made at the Presentation Evening on the 7th October 2023.

Regrettably, results for two members were not included.

The results are being corrected and will be posted on the website.

***2023 MEMBERSHIP RENEWALS WERE DUE
ON THE 1ST JANUARY.***

NOT RENEWED YET? HAVE A QUERY?

PLEASE CONTACT BRENDA BRADSHAW

(MEMBERSHIP SECRETARY)

email Brenda: arnoldbradshaw@btinternet.com

TWENTY-FIVE CLUB

PLEASE support the 25 Club - it's only

£12 PER YEAR

and you get **THREE** chances to win

£25, £15 or £10

with draws in March, July & November.

**THE MORE MEMBERS JOIN, THE MORE
MONEY TO THE CLUB AND TO THE WINNERS.**

Up to 25 members the draw is for £25, £15 & £10 but for every 10 tickets sold above 25, an additional £20 goes to the Club and to the winning members. Contact Brenda - email arnoldbradshaw@btinternet.com.

DRAW 46 (July) took place at the Committee Meeting on the 7th August.

WINNERS:

FIRST – DAVID GREGORY

SECOND – BRENDA BRADSHAW

THIRD – JOSEPH FARRELLY

DRAW 47 WILL TAKE PLACE AT

THE END OF NOVEMBER 2023

PLEASE USE THE WEBSITE

www.manchesterharriers.co.uk

You'll find updates, news, photos, results and lots more.

If you have something you want included, corrected or changed,

we would like to hear from you.

We can alert you to new updates by email

– just go to the website and click on “Subscribe by email”.

Please contact Brenda at arnoldbradshaw@btinternet.com with additions or corrections to the fixtures or telephone Brenda on 0161-796 6310