

**MEN'S**  
**2022 ROAD CHAMPION**  
**DAVE WALMSLEY**

	<i>Category</i>	<i>Points</i>	<i>Overall Psn</i>
<b>DAVE WALMSLEY</b>	<b>CHAMPION &amp; FIRST VET 55</b>	<b>5</b>	<b>1</b>
<b>GLEN GANDY</b>	<b>FIRST VET 50</b>	<b>10</b>	<b>2</b>
<b>NEIL RYAN</b>	<b>FIRST VET 35</b>	<b>18</b>	<b>3</b>
<b>SHAHZAD ZIA</b>	<b>FIRST VET 45</b>	<b>22</b>	<b>4</b>
<b>KEVIN DILLON</b>	<b>FIRST VET 65</b>	<b>41</b>	<b>6</b>
<b>ELLIOT BRADY</b>	<b>FIRST UNDER 20</b>	<b>42</b>	<b>7</b>

**WOMEN'S**  
**2022 ROAD CHAMPION**  
**CAROLINE BABA**

	<i>Category</i>	<i>Points</i>	<i>Overall Psn</i>
<b>CAROLINE BABA</b>	<b>CHAMPION &amp; FIRST VET 40</b>	<b>5</b>	<b>1</b>
<b>EMMA BROGAN</b>	<b>FIRST SENIOR</b>	<b>9</b>	<b>J=2</b>
<b>WENDY WOODHEAD</b>	<b>FIRST VET 35</b>	<b>9</b>	<b>J=2</b>
<b>JULIE WALMSLEY</b>	<b>FIRST VET 55</b>	<b>18</b>	<b>4</b>

# MANCHESTER HARRIERS & A.C.

# MANCHESTER HARRIERS & A.C.

## MANCHESTER HARRIERS & AC - MEN'S 2022 ROAD CHAMPION - DAVE WALMSLEY

Psn & Cat.Psn	NAME	Cate gory	5K-1 (14)	5K-2 (9)	5K-3 (6)	5K-4 (2)	10K-1 (19)	10K-2 (11)	10K-3 (9)	5M-1 (1)	10M-1 10M-2 (5-0)	Half-1 (11)	Half-2 (4)	Half-3 (3)	Mar-1 (3)	Mar-2 (0)	Races (97)	Points by 31 members
1-1	DAVE WALMSLEY	V55	2	2	1	-	1	1	1	-	-	2	1	1	-	-	9	5
2-1	GLEN GANDY	V50	5	3	2	1	-	-	-	-	-	5	2	2	-	-	7	10
3-1	NEIL RYAN	V35	-	-	-	-	6	3	3	-	2	7	4	-	-	-	6	18
4-1	SHAHZAD ZIA	V45	-	-	-	-	8	4	4	-	-	9	3	3	-	-	6	22
5-2	CHRIS SEWART	V45	8	5	4	-	-	-	-	-	3	8	-	-	-	-	5	28
6-1	KEVIN DILLON	V65	12	7	-	-	14	7	-	-	4	11	-	-	-	-	6	41
7-1	ELLIOT BRADY	U20	14	9	6	2	15	11	-	-	-	-	-	-	-	-	6	42

The following members competed in four of the assigned races x3:

	ALEX MASIDLOVER	V40	3	-	-	-	-	-	-	-	5	10	-	-	1	-	4	19
	DAVID DYER	V50	9	6	5	-	-	-	-	1	-	-	-	-	-	-	4	21
	JASON BROGAN	V50	10	-	-	-	9	5	5	-	-	-	-	-	-	-	4	29

The following members competed in three of the assigned races x8:

	ED FAZAKERLEY	V50	-	-	-	-	2	-	-	-	1	1	-	-	-	-	3	4
	MAURICE OLDHAM	V65	-	-	-	-	3	2	2	-	-	-	-	-	-	-	3	7
	DAVE GEE	V65	4	4	3	-	-	-	-	-	-	-	-	-	-	-	3	11
	CRAIG TURNER	V55	-	-	-	-	11	6	6	-	-	-	-	-	-	-	3	23
	STEVE McCALL	V60	-	-	-	-	17	8	7	-	-	-	-	-	-	-	3	32
			5K-1	5K-2	5K-3	5K-4	10K-1	10K-2	10K-3	5M-1	10M-1 10M-2	Half-1	Half-2	Half-3	Mar-1	Mar-2	Races	Points

# MANCHESTER HARRIERS & A.C.

Psn & Cat.Psn	NAME	Cate gory	5K-1	5K-2	5K-3	5K-4	10K-1	10K-2	10K-3	5M-1	10M-1 10M-2	Half-1	Half-2	Half-3	Mar-1	Mar-2	Races	Points
<i>three of the assigned races completed – continued.....</i>																		
	STEPHEN CRAGG	V70	-	-	-	-	18	9	8	-	-	-	-	-	-	-	3	35
	ARNOLD BRADSHAW	V70	13	8	-	-	16	-	-	-	-	-	-	-	-	-	3	37
	TONY BRADY	V70	-	-	-	-	19	10	9	-	-	-	-	-	-	-	3	38
<i>The following members competed in two of the assigned races x3:</i>																		
	JOSEPH FARRELLY	U20	1	1	-	-	-	-	-	-	-	-	-	-	-	-	2	2
	BARRY FENTON	V45	6	-	-	-	-	-	-	-	-	-	-	-	3	-	2	9
	ANDY TULIP	V45	7	-	-	-	7	-	-	-	-	-	-	-	-	-	2	14
<i>The following members competed in one of the assigned races x10:</i>																		
	SIMON BAREFORD	V40	-	-	-	-	-	-	-	-	-	-	-	-	2	-	1	2
	BEN O'BRIEN	SNR	-	-	-	-	-	-	-	-	-	3	-	-	-	-	1	3
	SCOTT DODD	SNR	-	-	-	-	-	-	-	-	-	4	-	-	-	-	1	4
	BEN EWART	V40	-	-	-	-	4	-	-	-	-	-	-	-	-	-	1	4
	CHRIS SYKES	V45	-	-	-	-	5	-	-	-	-	-	-	-	-	-	1	5
	CASEY LONGDEN	V40	-	-	-	-	-	-	-	-	-	6	-	-	-	-	1	6
	RYAN McCUE	SNR	-	-	-	-	10	-	-	-	-	-	-	-	-	-	1	10
	TIM BUTT	V40	-	-	-	-	12	-	-	-	-	-	-	-	-	-	1	12
	MIKE CUNNINGHAM	V75	11	-	-	-	-	-	-	-	-	-	-	-	-	-	1	11
	MATT HANSON	V45	-	-	-	-	13	-	-	-	-	-	-	-	-	-	1	13
			5K-1	5K-2	5K-3	5K-4	10K-1	10K-2	10K-3	5M-1	10M-1 10M-2	Half-1	Half-2	Half-3	Mar-1	Mar-2	Races	Points

# MANCHESTER HARRIERS & A.C.

## MANCHESTER HARRIERS & AC - WOMEN'S 2022 ROAD CHAMPION - CAROLINE BABA

Psn & Cat.Psn	NAME	Category	5K-1 (11)	5K-2 (7)	5K-3 (4)	5K-4 (2)	10K-1 (20)	10K-2 (13)	10K-3 (8)	5M-1 (1)	10M-1 10M-2 (3-1)	Half-1 (9)	Half-2 (1)	Half-3 (-)	Mar-1 (2)	Mar-2 (-)	Races (82)	Points by 24 members
1-1	CAROLINE BABA	V40	2	1	1	1	2	2	2	1	2 1	6	-	-	-	-	11	5
J=2-1	EMMA BROGAN	SNR	-	-	-	-	3	1	1	-	-	2	-	-	2	-	5	9
J=2-1	WENDY WOODHEAD	V35	3	2	2	-	-	-	-	-	1 -	3	-	-	1	-	6	9
4-1	JULIE WALMSLEY	V55	10	6	3	2	15	8	6	-	- -	7	1	-	-	-	9	18
5-2	ANN McLAUGHLIN	V55	7	5	-	-	7	4	3	-	- -	-	-	-	-	-	5	26
6-2	TRACY FARRELL	V35	9	7	4	-	10	10	8	-	- -	-	-	-	-	-	6	38

The following member competed in four of the assigned races x2:

	LINDSEY FARRELLY	V40	4	3	-	-	4	3	-	-	- -	-	-	-	-	-	4	14
	DEBBIE BERESFORD	V55	11	-	-	-	8	5	7	-	- -	-	-	-	-	-	4	31

The following members competed in three of the assigned races x5:

	NICOLA BALL	SNR	-	-	-	-	6	-	-	-	3 -	5	-	-	-	-	3	14
	HELEN HOLME	V55	8	4	-	-	5	-	-	-	- -	-	-	-	-	-	3	17
	NIKKI BURGESS	V50	-	-	-	-	13	6	4	-	- -	-	-	-	-	-	3	23
	LAURA PRZLYPIAK	V35	-	-	-	-	14	7	5	-	- -	-	-	-	-	-	3	26
	LINDA CROSS	V55	-	-	-	-	J=17	13	-	-	- -	8	-	-	-	-	3	38

			5K-1	5K-2	5K-3	5K-4	10K-1	10K-2	10K-3	5M-1	10M-1 10M-2	Half-1	Half-2	Half-3	Mar-1	Mar-2	Races	Points
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# MANCHESTER HARRIERS & A.C.

Psn & Cat.Psn	NAME	Cate gory	5K-1	5K-2	5K-3	5K-4	10K-1	10K-2	10K-3	5M-1	10M-1 10M-2	Half-1	Half-2	Half-3	Mar-1	Mar-2	Races	Points
<i>The following members competed in two of the assigned races x6:</i>																		
	ALICE STILES (U23)	SNR	1	-	-	-	1	-	-	-	-	-	-	-	-	-	2	2
	KATIE COOPER	SNR U23	6	-	-	-	-	-	-	-	-	4	-	-	-	-	2	10
	CAROLINE LACEY	V55	-	-	-	-	9	11	-	-	-	-	-	-	-	-	2	20
	MARIA ROYAL	V60	-	-	-	-	16	9	-	-	-	-	-	-	-	-	2	25
	JACQUI MOLLOY	V60	-	-	-	-	J=17	-	-	-	-	9	-	-	-	-	2	26
	SARAH CAWLEY	V40	-	-	-	-	19	12	-	-	-	-	-	-	-	-	2	31
<i>The following members competed in one of the assigned races x5:</i>																		
	LUCY BROWN	V45	-	-	-	-	-	-	-	-	-	1	-	-	-	-	1	1
	CATHERINE JONES	V50	5	-	-	-	-	-	-	-	-	-	-	-	-	-	1	5
	ANNE HASSAN	V60	-	-	-	-	11	-	-	-	-	-	-	-	-	-	1	11
	JANE STILES	V55	-	-	-	-	12	-	-	-	-	-	-	-	-	-	1	12
	AZRA ZIA	V45	-	-	-	-	20	-	-	-	-	-	-	-	-	-	1	20

**2022 SENIOR ROAD RACE  
CHAMPIONSHIP**

**1<sup>st</sup> January to 31<sup>st</sup> December 2022**

**5K x4**

**5 Mile x1**

**10K x3**

**10 Mile x2**

**Half Marathon x3**

**Marathon x2**

**\*11/10/23 – changes made to:**

***Women's 5K with the inclusion of Alice Stiles***

***Women's 10K with the inclusion of Emma Brogan, Alice Stiles & Jane Stiles***

***Women's Half Marathon & Marathon with the inclusion of Emma Brogan***

***Men's 5K list with the inclusion of Jason Brogan***

***Men's 10K list with the inclusion of Jason Brogan & Ben Ewart***

**5K x4 – Men [\*Revised 11 Oct 2023]**

*[A=member's best time; B=member's 2<sup>nd</sup> best time; C=member's 3<sup>rd</sup> best time; D=member's 4<sup>th</sup> best time]*

A-1	Joseph Farrelly	28/07/22 Sale Sizzler	15:42	U20
B-1	Joseph Farrelly	30/06/22 Sale Sizzler	15:55	U20
A-2	Dave Walmsley	26/08/22 Mid Cheshire, Kingsley	17:48	V55
B-2	Dave Walmsley	30/06/22 Sale Sizzler	17:49	V55
A-3	Alex Masidlover	11/08/22 Sale Sizzler	18:05	V40
C-1	Dave Walmsley	11/08/22 Sale Sizzler	18:29	V55
A-4	Dave Gee	28/07/22 Sale Sizzler	19:56	V65
A-5	Glen Gandy	28/07/22 Sale Sizzler	20:05	V55
B-3	Glen Gandy	14/07/22 Sale Sizzler	20:10	V55
C-2	Glen Gandy	11/08/22 Sale Sizzler	20:12	V55
B-4	Dave Gee	30/06/22 Sale Sizzler	20:20	V65
C-3	Dave Gee	11/08/22 Sale Sizzler	20:23	V65
D-1	Glen Gandy	30/06/22 Sale Sizzler	20:34	V55
A-6	Barry Fenton	30/06/22 Sale Sizzler	21:03	V45
A-7	Andy Tulip	28/07/22 Sale Sizzler	21:33	V45
A-8	Chris Sewart	28/07/22 Sale Sizzler	21:34	V45
B-5	Chris Sewart	14/07/22 Sale Sizzler	21:35	V45
A-9	David Dyer	14/07/22 Sale Sizzler	21:39	V50
B-6	David Dyer	28/07/22 Sale Sizzler	21:59	V50
C-4	Chris Sewart	30/06/22 Sale Sizzler	22:10	V45
C-5	David Dyer	30/06/22 Sale Sizzler	22:46	V50
A-10	Jason Brogan	11/08/22 Sale Sizzler	23:37	V50
A-11	Michael Cunningham	14/07/22 Sale Sizzler	25:20	V75
A-12	Kevin Dillon	04/12/22 BMAF Champs, Battersea Park	27:13	V65
A-13	Arnold Bradshaw	24/04/22 Bolton	27:54	V70
B-7	Kevin Dillon	14/05/22 EMAC Champs, Grossetto, Italy	28:03	V65
A-14	Elliot Brady	28/07/22 Sale Sizzler	28:47	U20
B-8	Arnold Bradshaw	04/12/22 BMAF Champs, Battersea Park	29:22	V70
B-9	Elliot Brady	11/08/22 Sale Sizzler	30:16	U20
C-6	Elliot Brady	30/06/22 Sale Sizzler	31:40	U20
D-2	Elliot Brady	14/07/22 Sale Sizzler	32:31	U20

# MANCHESTER HARRIERS & A.C.

## 5K x4 – Women [\*Revised 11 Oct 2023]

[A=member's best time; B=member's 2<sup>nd</sup> best time; C=member's 3<sup>rd</sup> best time; D=member's 4<sup>th</sup> best time]

A-1	Alice Stiles (U23)	17/04/22 Isle of Man Easter Festival	20:47	SNR
A-2	Caroline Baba	14/07/22 Sale Sizzler	23:05	V40
B-1	Caroline Baba	28/07/22 Sale Sizzler	23:15	V40
C-1	Caroline Baba	30/06/22 Sale Sizzler	23:23	V40
D-1	Caroline Baba	11/08/22 Sale Sizzler	24:14	V40
A-3	Wendy Woodhead	28/07/22 Sale Sizzler	24:15	V40
B-2	Wendy Woodhead	30/06/22 Sale Sizzler	24:36	V40
A-4	Lindsey Farrelly	30/06/22 Sale Sizzler	24:39	V40
B-3	Lindsey Farrelly	28/07/22 Sale Sizzler	24:48	V40
A-5	Catherine Jones	28/07/22 Sale Sizzler	25:21	V50
A-6	Katie Cooper (U23)	17/04/22 Isle of Man Easter Festival	26:17	SNR
C-2	Wendy Woodhead	11/08/22 Sale Sizzler	26:25	V40
A-7	Ann McLaughlin	28/07/22 Sale Sizzler	26:49	V55
A-8	Helen Holme	11/08/22 Sale Sizzler	26:59	V55
B-4	Helen Holme	14/07/22 Sale Sizzler	27:26	V55
B-5	Ann McLaughlin	30/06/22 Sale Sizzler	27:32	V55
A-9	Tracy Farrell	28/07/22 Sale Sizzler	28:48	V35
A-10	Julie Walmsley	28/07/22 Sale Sizzler	29:01	V55
A-11	Debbie Beresford	30/06/22 Sale Sizzler	29:27	V55
B-6	Julie Walmsley	11/08/22 Sale Sizzler	30:17	V55
C-3	Julie Walmsley	30/06/22 Sale Sizzler	31:41	V55
B-7	Tracy Farrell	30/06/22 Sale Sizzler	31:42	V35
D-2	Julie Walmsley	14/07/22 Sale Sizzler	32:32	V55
C-4	Tracy Farrell	14/07/22 Sale Sizzler	32:33	V35

## 5 Mile x1 – Men

A-1	David Dyer	12/05/22 Buxworth	42:11	V50
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## 5 Mile x1 – Women

A-1	Caroline Baba	13/07/22 Tony Barnes Sefton Park 5	39:28	V40
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## 10K x3 – Men [\*Revised 11 Oct 2023]

[A=member's best time; B=member's second best time; C=member's third best time]

A-1	Dave Walmsley	01/05/22 Alderley Edge Bypass	36:17	V55
B-1	Dave Walmsley	11/12/22 Trafford	36:24	V55
C-1	Dave Walmsley	15/04/22 Salford	36:35	V55
A-2	Ed Fazakerley	22/12/22 Ribble Valley	37:29	V50
-	Dave Walmsley	27/11/22 Wilmslow Festive	37:43	V55
-	Dave Walmsley	22/05/22 Great Manchester Run	37:49	V55
-	Dave Walmsley	14/08/22 Ron Hill Accrington	38:42	V55
A-3	Maurice Oldham	01/05/22 Alderley Edge Bypass	44:08	V65
B-2	Maurice Oldham	20/03/22 Waters Wilmslow	44:11	V65
A-4	Ben Ewart	28/04/22 Run Media City	44:31	V40
C-2	Maurice Oldham	10/07/22 Wilmslow Summer	45:00	V65
A-5	Chris Sykes	22/05/22 Great Manchester Run	45:02	V45
A-6	Neil Ryan	27/11/22 Wilmslow Festive	45:21	V40
A-7	Andy Tulip	04/09/22 Run Through Altrincham	45:38	V45
B-3	Neil Ryan	27/03/22 Wolverhampton	45:40	V40
C-3	Neil Ryan	04/09/22 Run Through Altrincham	45:57	V40
-	Neil Ryan	30/01/22 Stockport Daffodil	46:02	V40
-	Neil Ryan	28/04/22 Run Media City	46:10	V40
A-8	Shahzad Zia	03/07/22 Run Through Chester Zoo	46:24	V45
B-4	Shahzad Zia	05/06/22 Run Through Jubilee Bridge	46:25	V45
-	Maurice Oldham	31/07/22 Colshaw Hall, Knutsford	46:39	V65
A-9	Jason Brogan	12/02/22 Run Through Tatton	46:47	V50
C-4	Shahzad Zia	04/09/22 Run Through Altrincham	46:51	V45
-	Neil Ryan	12/03/22 Run Through Tatton	46:55	V40
B-5	Jason Brogan	30/06/22 Run Media City	47:09	V50
-	Neil Ryan	08/05/22 Run Through Heaton Park	47:18	V40
C-5	Jason Brogan	15/04/22 Salford	47:29	V50
-	Jason Brogan	23/10/22 Leeds Abbey Dash	47:49	V50
-	Shahzad Zia	26/05/22 Run Media City	47:55	V45
-	Jason Brogan	04/09/22 Run Through Altrincham	47:56	V50
-	Jason Brogan	30/04/22 It's a Piece of Cake	47:58	V50
-	Jason Brogan	22/05/22 Great Manchester Run	48:00	V50
A-10	Ryan McCue (V35)	22/05/22 Great Manchester Run	48:19	SNR



# MANCHESTER HARRIERS & A.C.

<i>10K – Men - continued</i>				
-	Neil Ryan	10/07/22 Wilmslow Summer	48:21	V40
-	Jason Brogan	10/07/22 Wilmslow Summer	48:31	V50
-	Shahzad Zia	03/08/22 Run Through Tatton	48:37	V45
A-11	Craig Turner	06/03/22 Trafford	48:39	V55
-	Jason Brogan	03/08/22 Run Through Tatton	48:42	V50
A-12	Tim Butt	22/05/22 Great Manchester Run	48:52	V40
-	Shahzad Zia	12/03/22 Run Through Tatton	49:01	V45
-	Shahzad Zia	05/11/22 Run Through Tatton	49:15	V45
-	Jason Brogan	20/11/22 Bury	49:51	V50
-	Shahzad Zia	12/02/22 Run Through Tatton	50:14	V45
-	Shahzad Zia	08/01/22 Run Through Tatton	51:11	V45
-	Shahzad Zia	04/12/22 Blackburn	51:15	V45
-	Jason Brogan	10/12/22 Run Through Tatton	51:23	V50
B-6	Craig Turner	20/03/22 Waters Wilmslow	52:08	V55
-	Neil Ryan	10/12/22 Run Through Tatton	52:11	V40
A-13	Matt Hanson	27/11/22 Wilmslow Festive	54:26	V45
A-14	Kevin Dillon	17/04/22 Jim Dingwall Round the Houses	57:22	V65
A-15	Elliot Brady	27/11/22 Wilmslow Festival	59:35	U20
A-16	Arnold Bradshaw	15/04/22 Salford	60:07	V70
A-17	Steve McCall	20/03/22 Waters Wilmslow	61:22	V60
A-18	Stephen Cragg	03/07/22 Run Through Chester Zoo	61:40	V70
B-7	Kevin Dillon	08/07/22 WM Champs, Tampere, Finland	62:29	V65
B-8	Steve McCall	26/05/22 Run Media City, Salford	62:33	V60
B-9	Stephen Cragg	20/03/22 Waters Wilmslow	62:41	V70
C-6	Craig Turner	27/11/22 Wilmslow Festive	62:53	V55
C-7	Steve McCall	30/06/22 Run Media City, Salford	63:11	V60
-	Dave Walmsley (with Julie)	10/07/22 Wilmslow Summer	63:49	V55
C-8	Stephen Cragg	26/05/22 Run Media City, Salford	64:00	V70
-	Stephen Cragg	30/04/22 It's a Piece of Cake	65:48	V70
A-19	Tony Brady	28/07/22 Run Media City	65:58	V70
B-10	Tony Brady	26/05/22 Run Media City	66:21	V70
-	Stephen Cragg	27/11/22 Wilmslow Festive	66:27	V70
C-9	Tony Brady	30/04/22 It's A Piece of Cake	67:59	V70
-	Tony Brady	20/03/22 Waters Wilmslow	68:02	V70
B-11	Elliot Brady	10/09/22 Run Through Tatton	69:38	U20
-	Tony Brady	30/01/22 Stockport Daffodil	71:16	V70
-	Stephen Cragg	10/12/22 Run Through Tatton	72:09	V70
-	Stephen Cragg	30/01/22 Stockport Daffodil	76:39	V70

## **10K x3 – Women [\*Revised 11 Oct 2023]**

*[A=member's best time; B=member's second best time; C=member's third best time]*

A-1	Alice Stiles (U23)	15/04/22 Isle of Man Easter Festival	44:01	SNR
A-2	Caroline Baba	27/11/22 Wilmslow Festive	47:18	V40
A-3	Emma Brogan	23/10/22 Leeds Abbey Dash	47:42	SNR
B-1	Emma Brogan	20/11/22 Bury	48:16	SNR
C-1	Emma Brogan	20/03/22 Waters Wilmslow	48:54	SNR
-	Emma Brogan	12/02/22 Run Through Tatton	49:35	SNR
-	Emma Brogan	25/08/22 Run Media City	49:38	SNR
-	Emma Brogan	10/12/22 Run Through Tatton	49:40	SNR
-	Emma Brogan	04/09/22 Run Through Altrincham	49:59	SNR
-	Emma Brogan	30/06/22 Run Media City	50:05	SNR
A-4	Lindsey Farrelly	30/01/22 Stockport Daffodil	51:08	V40
-	Emma Brogan	03/08/22 Run Through Tatton	51:09	SNR
-	Emma Brogan	28/07/22 Run Media City	51:37	SNR
-	Emma Brogan	30/04/22 It's a Piece of Cake	52:20	SNR
A-5	Helen Holme	30/01/22 Stockport Daffodil	53:14	V55
A-6	Nicola Ball	30/01/22 Stockport Daffodil	54:07	SNR
B-2	Caroline Baba	30/01/22 Stockport Daffodil	54:10	V40
C-2	Caroline Baba	16/10/22 Knutsford	54:36	V40
B-3	Lindsey Farrelly	16/10/22 Knutsford	54:43	V40
A-7	Ann McLaughlin	15/04/22 Salford	56:13	V55
B-4	Ann McLaughlin	27/11/22 Wilmslow Festive	56:28	V55
C-3	Ann McLaughlin	30/01/22 Stockport Daffodil	56:33	V55
-	Caroline Baba	03/04/22 Fleetwood	57:20	V40
A-8	Debbie Beresford	30/01/22 Stockport Daffodil	57:56	V55
A-9	Caroline Lacey	27/11/22 Wilmslow Festive	59:09	V55
A-10	Tracy Farrell	27/11/22 Wilmslow Festive	59:36	V35

# MANCHESTER HARRIERS & A.C.

<i>10K – Women - continued</i>				
A-11	Anne Hassan	27/11/22 Wilmslow Festive	59:49	V60
B-5	Debbie Beresford	15/04/22 Salford	60:03	V55
A-12	Jane Stiles	22/05/22 Great Manchester Run	60:10	V55
A-13	Nikki Burgess	14/05/22 Run Through Tatton	60:21	V50
A-14	Laura Przylipiak	10/07/22 Wilmslow Summer	60:49	V35
A-15	Julie Walmsley	22/05/22 Great Manchester Run	61:09	V55
B-6	Nikki Burgess	10/07/22 Wilmslow Summer	61:22	V50
B-7	Laura Przylipiak	30/01/22 Stockport Daffodil	61:44	V35
C-4	Nikki Burgess	12/02/22 Run Through Tatton	61:51	V50
A-16	Maria Royal	30/01/22 Stockport Daffodil	61:52	V60
B-8	Julie Walmsley	10/07/22 Wilmslow Summer	62:09	V55
B-9	Maria Royal	27/11/22 Wilmslow Festive	62:42	V60
C-5	Laura Przylipiak	01/05/22 Alderley Edge Bypass	62:56	V35
J=A-17	Linda Cross	27/11/22 Wilmslow Festive	63:01	V55
J=A-17	Jacqui Molloy	30/01/22 Stockport Daffodil	63:01	V60
C-6	Julie Walmsley	01/05/22 Alderley Edge Bypass	63:01	V55
C-7	Debbie Beresford	27/11/22 Wilmslow Festive	64:29	V55
-	Nikki Burgess	30/01/22 Stockport Daffodil	66:00	V50
-	Julie Walmsley	14/08/22 Ron Hill Accrington	66:17	V55
A-19	Sarah Cawley	30/01/22 Stockport Daffodil	66:34	V40
B-10	Tracy Farrell	30/01/22 Stockport Daffodil	66:36	V35
B-11	Caroline Lacey	30/01/22 Stockport Daffodil	66:39	V55
C-8	Tracy Farrell	22/05/22 Great Manchester Run	67:35	V35
B-12	Sarah Cawley	22/05/22 Great Manchester Run	67:35	V40
A-20	Azra Zia	22/05/22 Great Manchester Run	67:58	V45
-	Tracy Farrell	10/09/22 Run Through Tatton	69:38	V35
B-13	Linda Cross	30/01/22 Stockport Daffodil	73:19	V55

## **10 Mile x2 – Men** [A=member's best time; B=member's second best time]

A-1	Ed Fazakerley	20/11/22 Stockport	1:02:21	V50
A-2	Neil Ryan	20/11/22 Stockport	1:17:00	V40
A-3	Chris Sewart	20/11/22 Stockport	1:17:23	V45
A-4	Kevin Dillon	27/11/22 BMAF Champs, Gravesend	1:36:05	V65
A-5	Alex Masidlover	27/03/22 Liverpool	1:47:43	V40

## **10 Mile x2 – Women** [A=member's best time; B=member's second best time]

A-1	Wendy Woodhead	20/11/22 Stockport	1:23:29	V40
A-2	Caroline Baba	20/03/22 Wigan Festival	1:36:54	V40
A-3	Nicola Ball	20/03/22 Wigan Festival	1:36:56	SNR
B-1	Caroline Baba	22/06/22 Run Through Heaton Park	1:39:27	V40

## **Half Marathon x3 – Men** [A=member's best time; B=member's second best time; C=member's third best time]

A-1	Ed Fazakerley	16/01/22 Essar Four Villages	1:21:03	V50
A-2	Dave Walmsley	06/03/22 Haweswater (Bampton)	1:21:57	V55
B-1	Dave Walmsley	20/03/22 Waters Wilmslow	1:22:33	V55
A-3	Ben O'Brien (V35)	20/03/22 Waters Wilmslow	1:23:32	SNR
C-1	Dave Walmsley	13/02/22 Run Aintree	1:23:32	V55
A-4	Scott Dodd	09/10/22 Manchester	1:34:41	SNR
A-5	Glen Gandy	20/11/22 Conwy	1:38:28	V55
A-6	Casey Longden	20/03/22 Waters Wilmslow	1:38:30	V40
A-7	Neil Ryan	22/05/22 Great Manchester Run	1:40:02	V40
B-2	Glen Gandy	20/03/22 Wigan Festival	1:40:12	V55
A-8	Chris Sewart	20/03/22 Waters Wilmslow	1:40:45	V45
A-9	Shahzad Zia	22/05/22 Great Manchester Run	1:41:28	V45
A-10	Alex Masidlover	19/06/22 Nottingham Holme Run	1:42:12	V40
C-2	Glen Gandy	07/08/22 Windmill, Lytham St Annes	1:42:41	V55
B-3	Shahzad Zia	19/06/22 Freckleton	1:44:20	V45
C-3	Shahzad Zia	15/05/22 Run Through Aintree Racecourse	1:47:30	V45
B-4	Neil Ryan	20/03/22 Waters Wilmslow	1:47:31	V40
-	Shahzad Zia	20/11/22 Oulton Park Running Grand Prix	1:50:03	V45
-	Shahzad Zia	31/07/22 Run Aintree	1:51:25	V45
A-11	Kevin Dillon	16/01/22 Essar Four Villages	1:51:59	V65
-	Shahzad Zia	20/03/22 Run Through Heaton Park	1:52:26	V45
-	Shahzad Zia	30/01/22 Run Through Heaton Park	1:53:19	V45
-	Shahzad Zia	16/10/22 Run Heaton, Manchester	1:57:06	V45
-	Shahzad Zia	13/02/22 Run Aintree, Liverpool	1:57:10	V45

# MANCHESTER HARRIERS & A.C.

## **Half Marathon x3 – Women** [\*Revised 11 Oct 2023]

[A=member's best time; B=member's second best time; C=member's third best time]

A-1	Lucy Brown	23/10/22 Bangor	1:43:42	V45
A-2	Emma Brogan	21/08/22 Fleetwood	1:47:33	SNR
A-3	Wendy Woodhead	22/05/22 Great Manchester Run	1:53:11	V40
A-4	Katie Cooper (U23)	08/03/22 Leeds	2:14:48	SNR
A-5	Nicola Ball	19/06/22 Freckleton	2:15:37	SNR
A-6	Caroline Baba	19/06/22 Freckleton	2:15:37	V40
A-7	Julie Walmsley	15/05/22 Essar Chester	2:25:48	V55
B-1	Julie Walmsley	06/03/22 Haweswater (Bampton)	2:26:51	V55
A-8	Linda Cross	09/10/22 Manchester	2:27:16	V55
A-9	Jacqui Molloy	09/10/22 Manchester	2:27:16	V60

## **Marathon x2 – Men** [A=member's best time; B=member's second best time]

A-1	Alex Masidlover	02/10/22 MBNA Chester	2:57:37	V40
A-2	Simon Bareford	02/10/22 TCS London	3:11:01	V40
A-3	Barry Fenton	02/10/22 MBNA Chester	3:33:07	V45

## **Marathon x2 – Women** [\*Revised 11 Oct 2023] [A=member's best time; B=member's second best time]

A-1	Wendy Woodhead	02/10/22 MBNA Chester	4:04:43	V40
A-2	Emma Brogan	02/10/22 TCS London	4:08:04	SNR

### MEN

*31 members competed in at least one of the targeted distances*

*Seven members completed the Championship*

### WOMEN

*24 members competed in at least one of the targeted distances*

*Six members completed the Championship*

Awards for the 2022 Road Championship  
were presented at the Presentation Evening  
on Saturday 7<sup>th</sup> October 2023

*Please contact me if you have any queries*

email Brenda at  
arnoldbradshaw@btinternet.com

*All results were collected from Power of Ten  
with the exception of those for overseas events*